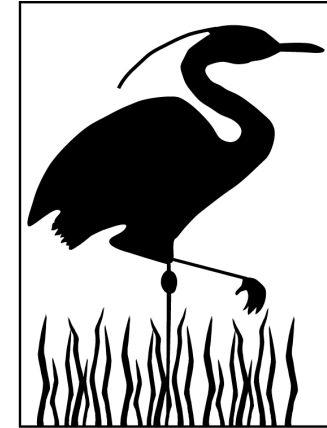


Sponsors



Gallup Gallop 2010



HURON RIVER DAY

1 Mile Run

5K Run

Fitness Walk

Sunday, July 11



Gallup Gallop

ANN ARBOR, MI

1 MILE RUN/5K RUN/FITNESS WALK

Sunday, July 11 @ 8:30 a.m.
Gallup Park ~ 3000 Fuller Rd.

The Gallup Gallop 5k Run (3.1 miles) takes place on *nationally recognized* Gallup Park Trail, a certified course. It starts and finishes near the Gallup Park Canoe Livery and is held in conjunction with the annual Huron River Day celebration in Gallup Park. Additionally, a scenic three-mile river Fitness Walk takes participants towards Mitchell Field and back through the Gallup Parks.

Online Registration: www.aatrackclub.org.

Race day registration: Gallup Park Canoe Livery from 7:30 to 8:45 a.m.

5K Run/Walk fees: \$20 (non-refundable). Registration includes t-shirt. Late registration: \$25 after July 5.

1 Mile Run: \$15 (non-refundable). Late registration, \$20 after July 5.

Check-In: 1-mile run starts at 8:30 a.m. 5K Run and Walk starts at 9 a.m. Packet pickup is at the race headquarters (Gallup Park meeting room) between 7:30 a.m. and 8:45 a.m. Please be sure to arrive early for the 1-mile run. 1-mile run start is roughly 1/4 mile away.

Times: Finish times will be recorded & posted immediately after the race by Race Services timing service.

Age Divisions: 5K Run: Overall Male and Female, Masters Male and Female, Grand Masters Male and Female, 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59. 60-64, 65-69, 70-74, 75-79, 80 and over

5K Walk: Overall Male and Female, 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over. **1-mile Run:** Overall Male and Female.

Awards: Unique prizes will be awarded three deep in each age division.

2010 Gallup Gallop Registration Form

Name: _____ **Phone:** _____

Address: _____ **City:** _____ **Zip:** _____

Birthdate: _____ **Age on Day of Race:** _____ **Male:** _____ **Female:** _____

E-mail address: _____

Event: 5K Run Fee paid: \$20 _____
 3 Mile Fitness Walk \$15 _____
 1 Mile \$15 _____
 1 Mile/5K Combo \$30 _____

Late fee after July 5 is \$5 _____

Total amount enclosed \$ _____

T-shirt size: Small Medium Large X-Large
 Youth Medium

_____ **Date** _____

Signature of parent or guardian (if runner is under 18)

In case of emergency, call: _____ **Phone:** _____

Make Check Payable to:

Ann Arbor Track Club - Gallup Gallop
P.O. Box 7551
Ann Arbor, MI 48107

Waiver: Participating in a road race or training program involves risks of serious injury and physical strain. I have read and understand this statement and agree to assume all risks of personal injury or other physical or emotional ailments. I hereby waive all liability claims against the City of Ann Arbor, the Ann Arbor Track Club and other sponsors for any injuries or ailments I may incur from participating in these events. Further, I hereby grant full permission to use audio or visual records of this event for any legitimate purpose.

