

UPDATED MEET SCHEDULE

- 12/20 -- Mock-meet at UM (7 PM)
- 12/27-28 -- Great Lakes Track Club Holiday Classic (primarily for high-school and middle-school athletes)
- 1/12 -- MITS meet at UM (Noon) -- **Coed** -- for high-school and middle-school age boys and girls
Report at 11:00 AM. Each athlete should bring \$5 for their entry fees !!
- 1/13 -- Michigan Indoor Youth Series (MIYS) meet at UM (2 PM) -- only for kids ages **14-under**
Report at 1 PM. Each athlete should bring \$5 for their entry fees !!
- 1/16 -- MITS meet at UM (6:30 PM) -- for high-school and middle-school age **GIRLS only**
Report at 6 PM. Each athlete should bring \$5 for their entry fees !!
- 1/17 -- MITS meet at UM (6:30 PM) -- for high-school and middle-school age **BOYS only**
Report at 6 PM. Each athlete should bring \$5 for their entry fees !!
- 1/24 -- MITS meet at EMU (6:00 PM) for high-school and middle-school age **GIRLS only**
Report at 5 PM. Each athlete should bring \$5 for their entry fees !!
- 1/26 -- MITS meet at Albion College (10 AM) **co-ed** -- for high-school and middle-school age boys & girls
Report at 9 AM. Each athlete should bring \$5 for their entry fees !!
- 1/27 -- MIYS meet at UM (2 PM) only athletes ages **14-under**
Report at 1 PM. Each athlete should bring \$5 for their entry fees !!
- 2/2 -- Black-Jack Invitational at Bowling Green State University (for kids of all ages !!)
- 2/10 -- MIYS meet at UM (2 PM) only athletes ages **14-under**
Report at 1 PM. Each athlete should bring \$5 for their entry fees !!
- 2/13 -- MITS meet at UM (6:30 PM) for high-school and middle-school age **BOYS only**
Report at 6 PM. Each athlete should bring \$5 for their entry fees !!
- 2/14 -- MITS meet at UM (6:30 PM) for high-school and middle-school age **GIRLS only**
Report at 6 PM. Each athlete should bring \$5 for their entry fees !!
- 2/15-17 -- **AAU Northern Indoor Track & Field Championships** (Merrillville, IN) (for kids of all ages !!)
AAU Membership is required (see details below)
- 2/22 -- MITS meet at EMU -- **Tentative**
- 2/24 -- All-Stars Track Classic at EMU -- **for kids of all ages groups**
- 2/29 -- MITS State Championship at **Central Michigan University** -- for qualifying athletes only.
Please note this meet is taking place on **Friday** (not Saturday as usually has been).
- 3/22** -- (Saturday) MIYS State Championship at EMU -- only for kids ages **14-under**

Most of these meets are restricted to boys, girls, or certain age-groups, so most of these meets are not open to all athletes. Since some of these meets take place at UM on Wednesdays and Thursday evenings, there will be no practice on those nights. Since there will be undoubtedly be conflicts with some family schedules and school nights, I will be asking families to inform me which dates won't work for them. The coaches don't expect kids to make every meet, but let us know which ones they can't.

More details on the **Michigan Indoor Track Series** (MITS) meets can be found at <http://www.mitstrack.org/>
More details on the MIYS meets and the Holiday Classic are attached. MITS meets are primarily for high-school athletes, but competitive middle-school athletes are allowed.

Michigan Indoor Youth Series (MIYS) meets are only for athletes ages 14-under. Athletes born in 1993, who are turning 15 later this year, are still eligible to compete in these meets, as long as they are still 14 years old on the day they compete. Please note that the date for the MIYS Championship meet has been changed to **Saturday 3/22**, and the meet has been moved from the UM track to **Eastern Michigan University** (EMU) track (Bowen Field-house)

The **Amateur Athletic Union** (AAU) meet in Merrillville, IN (east of Chicago) on 2/15-17 is a weekend-long meet for kids of any age, as long as they have 2007-08 AAU cards (more on that later). Typically, families will make that 3.5 hour drive to Merrillville on Friday afternoon, stay in a hotel (the Radisson is usually the host hotel), and return on Sunday. Merrillville is on Central time.